**Clinically-Related Projects Currently Available for Postgraduate Students (Sept. 2016)**

All projects designed and supervised by Dr David Raune (Clinical Psychologist, Early Intervention in Psychosis Service, CNWL), with Dr Julianna Onwumere (Lecturer in Clinical Psychology, IOPPN) supervising the paper-writing stage. *All data is already collected*. Students need to be able to attend The Pembroke Centre in Ruislip Manor (HA48NQ) for Supervision weekly or fortnightly and stay involved with the project until the paper is accepted for publication.

**1) Test of the cognitive model of caring in early course psychosis (N=100+).** We have 50+ pairs (N=100+) of early course psychosis carers psychological need assessments (key illness beliefs, subjective burden, depression, anxiety, coping, burnout, positive experiences) on the same patient with *two* carers (e.g. Mother and Father). This opportunity permits a simple yet unique test of the cognitive model of caregiving: Which carer outcomes are the same and which are different when caring for the *same* psychosis patient? The results relate to theoretical models of carers psychological needs and early clinical interventions to reduce those needs and enhance carers well-being. All data is already inputted to SPSS.

**2) Predictors of early course psychosis carers psychological experiences (N=225+)**. The project is to test - in the largest sample to date - demographic, social and psychological predictors of carers early psychological needs and positive exigencies. The results relate to theoretical models of carers psychological experiences and identifying which early course carer-patient duos should be prioritised for intervention. All data is already inputted to SPSS.

**3) Pilot study of cognitive group psychoeducation for early course psychosis carers (N=20):** Early course psychosis carers key beliefs about psychosis are influential in their own and psychosis patients mental health. We tested if a Single-Session of a specifically devised new syllabus of cognitive group psychoeducation could improve carers key illness beliefs. We will also compare the results to a three-session intervention format we ran and presented at the 2015 BABCP conference (N=149, Onwumere et al, *submitted*). If the results are positive then the format could be tested in larger more rigorous design and perhaps rolled out in Early Intervention in Psychosis services as an effective yet economically viable intervention for the thousands of new psychosis carers each year. Data needs to be inputted to SPSS.

**4) Structure of early course psychosis carers psychological experiences (N=225+)**.

The project is to identify the structure - for example the severity, spread and interconnectedness - of new carers negative and positive psychological experiences. For example, are psychological needs spread evenly across carers or does there exist a subgroup who are multiply afflicted? Results relate to theoretical models of carers and the identification of needs in carers and carers in need. All data is already inputted into SPSS.

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